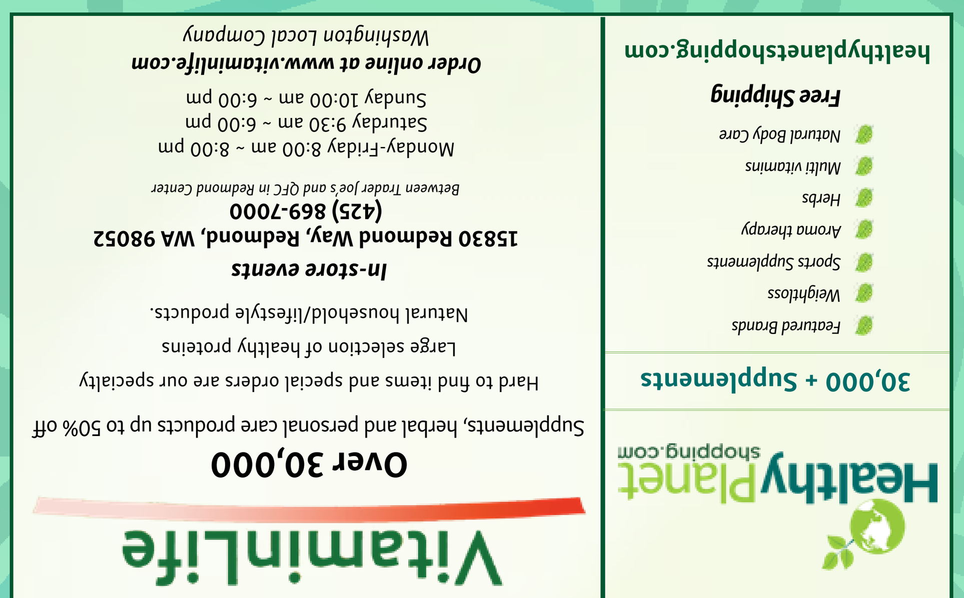

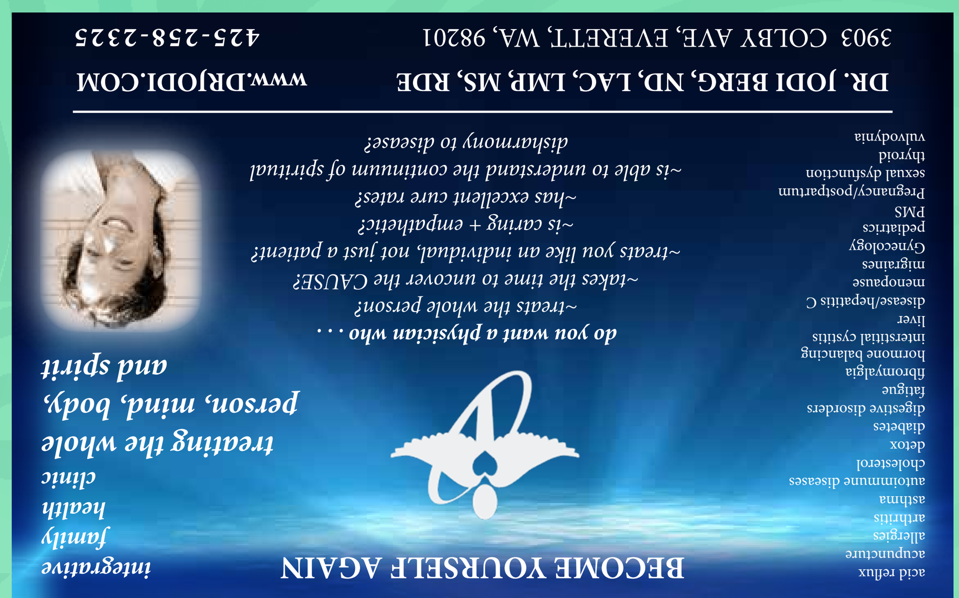


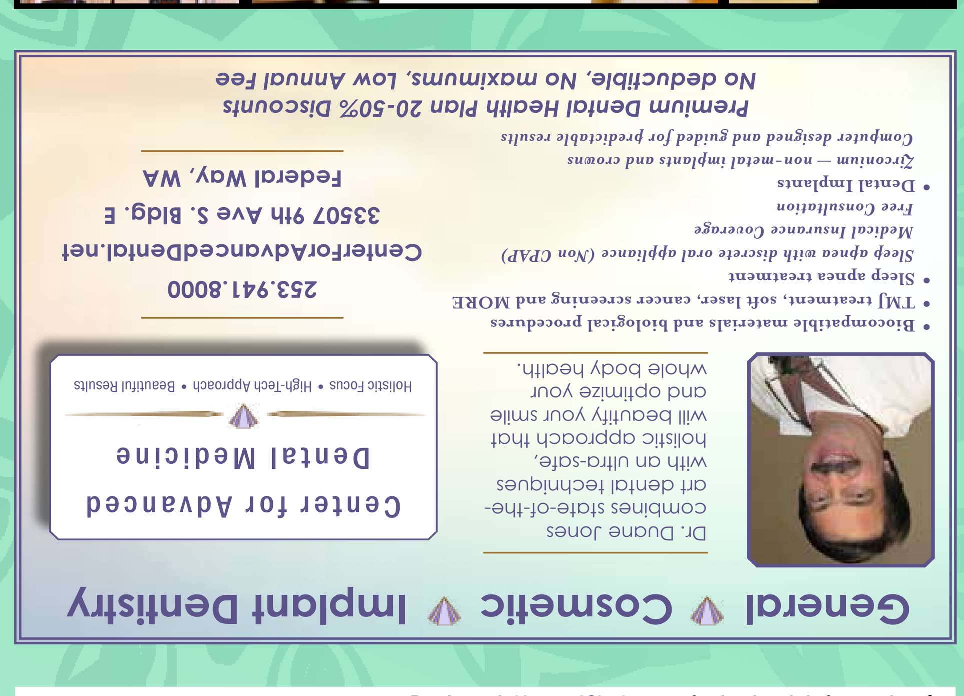

## Green Living

Bookmark *NaturalChoice.net* for in-depth information & to search through over 40 categories in Green Living

- **Baby Diaper Service** 100% pure cotton BabyDiaperService.net 206.634.2229
- **Borealis Landscapes** Edible Landscapes BorealisLandscapes.com
- **Christine Arundell** From Clutter to Clarity YourEssentialSolutions.com 425.917.1211
- **CleanWaterFoundationWA.org** Water purification systems for those in need
  For Love of Water Concerts/Events benefiting the Hopi and other Tribes for safe drinking H20 F-L-O-W.life
- **Evergreen Retirement Plan Consulting, LLC** EvergreenRetirement.com 425.238.5617
- **Frank Childress,** Registered Investment Advisor since 1993. ChildressInvestment.com
- **Go Green** Sustainability conferences for Business/Gov/Public GoGreenConference.net
- **Green America** Come Together | GreenAmerica.org 800-58-GREEN
- **Green Pursuits Bookkeeping** GreenPursuitsBookeeping.com 425.953.0491
- **Holy Lamb Organics** Mattress/Bedding/Bath HolyLambOrganics.com 888.359.1362
- **In Harmony Sustainable Landscapes** InHarmony.com 888.472.7748
- **K's Consulting** Bookkeeping & Human Resources KaysConsulting.net 360.340.6476
- **Living Earth Landscapes** Eco-Friendly LivingEarthLandscapes.com 425.882.2930

## Food & Supplements

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- **Araya's Vegetarian Place** Inspired Thai ArayasPlace.com
  2808 E. Madison St. 206-402-6634/5240 Univ Way NE. 206.524.4332
- **Bastyr Dispensary** 3670 Stone Way N, Seattle 206.834.4114
- **Central Co-Op** 1600 E Madison St, Seattle CentralCOOP.coop 206.329.1545
- **Chaco Canyon Organic Café** W. Seattle/Greenwood/Queen Anne ChacoCanyonCafe.com
- **Crown Hill Pet Supply** CrownHillPet.com 206.783.9570
- **Custom Pure Water Filters** Drinking/Showers CustomPure. 206.363.0039
- **FireFly Kitchen's** Pure Probiotic Brilliance Recipes/Classes FireFlyKitchens.com
- **Flying Apron Bakery** Gluten-Free Fremont FlyingApron.com 206.442.1115
- **Heartbeet Organic Superfoods Café** HeartBeetHealthy.com 206.525.030
- **Next To Nature Pet Supplies** Next-to-Nature.com
  West Seattle Store & Edmonds/Shoreline/Lynwood Delivery available 206.935.1134
- **Pike Place Market Creamery** Raw Milk/Local Dairy/Eggs/Yogurts/Butters 206.622.5029

## Green Living

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- **Altstadt CO-OP** Interior Design Studio AltstadtInteriors.com 206.523.8838
- **Bedrooms and More** Natural & Organic Selections BedroomsAndMore.com 206.633.4494
- **CrownHill Pet Supply** Your Natural Pet Care Oasis CrownHillPet.com 206.783.9570
- **Habitat for Humanity** HabitatSKC.org
- **Millionair Club Charity** Homeless to Hopeful | FOR HIRE MillionairClub.org 206.728.5627
- **Next to Nature** Your Pet's Health Food Store West Seattle Next-To-Nature.com
  Edmonds/Shoreline/Lynwood Delivery Next-To-Nature.com 206.935.1134
- **Pompeo's Hair Salon** for Chemically Sensitive Skin 425.774.6700
- **Seattle Natural Mattress** SeattleNaturalMattress.com 206.419.9550
- **Shoreline Solar Project & The NW Solar Fest** ShorelineSolar.org
- **Sierra Club** Sierraclub.org/wash 206.378.0114
- **Uniquely Natural** Non-Toxic Chemically Gentle Salon UniquelyNaturalSalon.com 425.774.6078
- **Vegfest:** Each Spring at the Seattle Center VegOfWA.org 206.706.2635
- **WA Environmental Council** WECProtects.org 206.631 .2600

## Food & Supplements

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- **Homegrown Sandwich Shop** locations Near You EatHomeGrown.com
- **Organically Grown Co.** Promoting Healthy/Sustainable Agriculture OrganicGrown.com
- **PCC Natural Markets** 13 Area Locations PCCNaturalMarkets.com
- **Super Supplements** Discount Locations Near You SuperSup.com
- **Healthy Natural Relief** Highest quality CBD Lines HealthyNaturalRelief.com 877-919-7640
- **New Roots Organics** Delivery NewRootsOrganics.com 206.261.2500
- **Smarthealth Naturopathics** Natural Medicine Remedies SmarthealthNaturopathics.com
- **Vegetarians of Washington** VegFest Dinners/Classes VegOfWA.org 206.706.2635
- **Vitamin Life** Great Prices-HUGE Selection VitaminLife.com 866.998.8855
- **Community Food Co-op** & Swan Cafe 2 Bellingham locations CommunityFood.coop
- **Skagit Valley Food Co-op & Deli** Mt. Vernon SkagitFoodCOOP.com 360.336.9777
- **Skipley Farm** U-Pick fruits and Vegies SkipleyFarm.com 206.679.6576
- **Sno-Isle Natural Foods** Everett SnoIsleFoods.coop 425.259.3798
- **The Sisters Restaurant** Everett TheSistersRestaurant.com 425.252.0480

## Green Living

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- **Living Shelter Design** Innovative Home & Community Design LivingShelter.com 425.427.8643
- **Nurtured Earth Gardens** Sustainable/Organic NurturedEarthGardens.com 206.234.9347
- **Organic Consumers Assoc** OrganicConsumers.org 218.226.4164
- **Organize & Transform!** YourEssentialSolutions.com 541.840.0681
- **Pacific Yurts** Reduce your footprint/Be closer to nature Yurts.com 800.944.0240
- **SoulDuster** Artsy stationery & gifts (that calm your soul) SoulDuster.net 888.858.6687
- **Spark Northwest** Shift to Clean Energy Community Solar SparkNorthwest.org
- **Tilth Alliance** Gardening Classes*Kids Camps*Hot Line*Volunteer TilthAlliance.org
- **Washington Trails Association** Non-Profit Find Your Next Adventure at WTA.org
- **Whale Scout** FREE Land Based Whale Watching to restore Habitat WhaleScout.org

- **Blue Sky Cleaners** Zero Toxin Free Pick Up&Delivery BlueSkyCleaners.com 206.838.8433
- **Living Green Technology** livinggreentechnology.org 253.204.4438
- **The Recology Store** RecologyCleanScapes.com/store 425.392.0285

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- **Sunlight Café** Roosevelt Area SunlightCafeVegetarian.com 206.522.9060
- **The Herbalist** NW Herb Specialist TheHerbalist.com
  542 19th Ave E, 206.323.2804/2106 NE 65 Seattle 206.523.2600

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- **21 Acres** Local Produce/Classes/Events 21Acres.org 425.481.1500
- **Araya's Vegetarian Place** Inspired Thai Bellevue ArayasPlace.com 425.454.2440
- **Glover Street Market** Twisp GloverStreetMarket.com 509.997.1320
- **GNC Factoria Mall** Health and Wellness Products 425.401.9066
- **Herban Wellness** Kirkland HerbanWellness.net 206.330.2171
- **Pabla Indian Cuisine** Vegetarian/Kosher/Grocery Renton PablaCuisine.com 425.228.4625
- **Udupi Café** All Vegetarian Bellevue UdupiCafeBellevue.com 425.401.2009
- **Vitamin Life** Redmond Classes/Workshops VitaminLife.com 425.869.7000
- **Volterra Restaurant** Tuscan/Italian VolterraRestaurant.com 425.202.7201

## Green Living

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- **Borealis Landscapes** Edible Landscapes BorealisLandscapes.com 360.734.6977
- **NW Sleep Solutions** Natural Bedding NWSleepSolutions.com 360.734.6977
- **Skipley Farm** U-Pick fruits and Vegies SkipleyFarm.com 206.679.6576

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- **21 Acres Center for Local Food & Sustainable Living** 21Acres.org 425.481.1500
- **Batt + Lear, Inc** Sustainable Design BattAndLear.com 206.301.1999
- **Habitat for Humanity** Home Improvement Outlets Purchase/Donate HabitatSKC.org
- **In Harmony** Sustainable Landscapes InHarmony.Com 888.472.7748
- **Living Shelter Design** Innovative Home & Community Design LivingShelter.com 425.427.8643
- **The Sleep Store** Organic Mattresses Bellevue TheSleepStoreUSA.com 425.454.8727
- **WA Wilderness Coalition** Protecting WA's wild places WAWild.org 206.633.1992

- **New Traditions Cafe & Fair Trade** Olympia newtraditionsfairtrade.com 360.705.2819
- **Next To Nature** Your Pet's Health Food Store Tacoma Next-To-Nature.com 253.779.8141

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- **Antique Sandwich Co.** Great Food&Music AntiqueSandwichCompany.com 253.752.4069
- **Blue Heron Bakery** Olympia Since 1977 BlueHeronBakery.com 360.866.2253
- **Central Co-Op** 4502 N Pearl St, Tacoma centralCOOP.coop 253.888.4288
- **Indianola Organics** Grasses/Shoots/Greens Delivers to Sea area IndianolaOrganics.com
- **Marlene's Market And Deli** Shop Local/Eat Organic MarlenesMarket-Deli.com
  2565 S Gateway Cntr Pl Fed Way 253-839-0933/2951 S 38th St Tacoma 253.472.4080
- **Nash's Organic Produce** Sequim NashsOrganicProduce.com 360.683.4642
- **Nature's Market Kent** NaturesMarketKent.com 253.854.5395
- **Next To Nature** Your Pet's Health Food Store Tacoma Next-To-Nature.com 253.779.8141
- **Olympia Food Co-Op** Organic | Natural | Everyone Welcome! OlympiaFood.Coop
  921 Rogers St NW 360-754-7666 3111/ Pacific Ave SE 360.956.3870
- **Purified Water To Go** Ozone Purified 2012 S 314th St, Federal Way 253.941.2150
- **Stiebrs Farms** Organic Eggs, Beef & Feed StiebrsFarms.com 360.458.3333
- **Tatanka Take-Out** Bison and Vegetarian Pearl St, Ruston TatankaTakeout.com 253.752.8778

# Natural Choice Network

## Web Companion 2020

Local Directory and Guide for a Conscious Community

**naturalchoice.net**

*FREE in Puget Sound Since 1994*

## *Welcome to Natural Choice Network's 2020 Web Companion*

By introducing this unique ***NEW*** format, we aim to expand our audience and maximize interconnectivity, while minimizing our carbon footprint.

*NaturalChoice.net* is Puget Sound's largest "one stop" platform to find all the resources and information you need to make sustainable and healthy choices for you, your family and your community since 1994.

While Google is monetizing search results...it has never been more important to support platforms that make it easy and secure to connect to a conscious and self-empowering community.

NO POP-UPS – NO BIG BROTHER – NO TRACKING – NO SURPRISES!
Just an easy place to find, or be found, by like minded people who share a passion for a brighter future.

***Connect instantly with your mobile device***

***Bookmark www.NaturalChoice.Net***
***and***
***help sustain this sustainable community.***

## *Multiple Ways to Connect on Natural Choice.net*

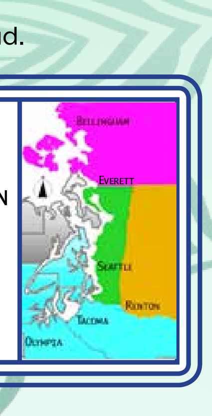
*On-line Directory* — Search over 250 categories for green businesses, community organizations, natural health and wellness providers, mind/body/spirit and personal growth modalities, natural/local foods and grocers, restaurants, green/natural products and services.

*Natural Choice Network Radio* — Listen live Tuesdays 12:30pm on Alternative Talk 1150 AM. Access our **archives** and listen to over 300 conversations rotating between Green Resources, Natural Health, Food/Nutrition and Mind/Spirit on *NaturalChoice.Net*.

*Community Events* — A complete library of featured events and quick links to calendar pages for select community leaders including Bastyr, UW Sustainability, 21 Acres and Center for Spiritual Living and more.

*Featured articles and Blogs* — Search archives by key word or category with over a decade of content.

*Social Media* — Follow us on Facebook and SoundCloud.

*Your Key to Navigate the Natural Choice Network*

- Green – Greater Seattle to South of Everett
- Yellow – East of Lake Washington, South of Everett to Renton
- Magenta – Everett and North to Bellingham
- Blue – South of Renton to Olympia & West Sound
- Red – Multiple Puget Sound Locations
- Violet – Virtual, Non-Locational